



Kindergarten Readiness Screening Tool

Child's Information:

- Name:
- Date of Birth:
- Date of Screening:

Instructions:

Please observe the child as they engage in various activities and tasks throughout the day. Record your observations and indicate whether the child demonstrates the described behaviors. Use additional space for comments or notes.

1. Fine Motor Skills:

- Can the child turn pages of a book independently?
- Can the child use scissors to cut along a straight line?
- Can the child grasp a writing utensil between the first two fingers and thumb?
- Can the child imitate vertical lines, horizontal lines, and circles?

Comments/Notes:

2. Gross Motor Skills:

- Can the child jump with both feet leaving the ground?
- Can the child hop on one foot?
- Can the child run without tripping or falling?
- Can the child negotiate obstacles in classroom and on the playground?
- Can the child ambulate up and down stairs with use of railing support?
- Can the child climb age-appropriate playground equipment with ease?

Comments/Notes:



3. Hand-Eye Coordination:

- Can the child catch a large ball with both hands?
- Can the child throw a ball with some accuracy?

Comments/Notes:

4. Self-Care Skills:

- Is the child toilet trained?
- Can the child perform hand washing, personal hygiene?
- Can the child manipulate clothing and fasteners for toileting?
- Is the child able to complete simple age-appropriate tasks independently (e.g., putting on shoes, putting on coat, cleaning up toys)?

Comments/Notes:

5. Attention/Self-Regulation Skills:

- Does the child sit and attend to circle time for an age-appropriate duration (2x age in minutes - ex: 6 minutes for 3 year old)?
- Are there sensory-seeking behaviors or difficulties sitting still?
- Are there sensory-avoiding behaviors or reactions to specific input?
- Does the child become easily overwhelmed or have "meltdowns"?
- Can the child transition between activities during the day?

Comments/Notes:

6. Language Skills:

- Can the child create independent and complete sentences?
- Can the child express wants, needs and emotions using words/sentences?
- Does the child follow basic rules of grammar?
- Is the child understood by others 80% of time?
- Does the child engage in simple conversations?



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- Does the child understand and respond to wh- questions, yes/no questions, and questions about their experiences?
- Does the child identify objects, actions, basic concepts (big/little)?
- Can the child follow two step directions?
- Does the child participate in simple social interactions appropriately (ex: turn taking)?

Comments/Notes:

Based on the observations and assessment, please rate the child's overall readiness for kindergarten:

- Excellent (1-2 "No" responses)
 - Good (2-3 "No" responses)
 - Fair (3-4 "No" responses)
 - Would benefit from support (5+ "No" responses)
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Avoid a skill regression before Kindergarten with these fun summer activities!

Fine Motor Skills:

- Encourage activities like drawing, coloring, and playing with play-dough to strengthen hand muscles.
- Provide opportunities for using scissors to cut shapes and lines from paper.

Gross Motor Skills:

- Organize outdoor playtime for running, jumping, hopping, and climbing to improve coordination and balance.
- Set up obstacle courses using household items to enhance agility and spatial awareness.

Hand-Eye Coordination:

- Practice throwing and catching soft balls or beanbags to improve hand-eye coordination.



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- Engage in activities like building with blocks or threading beads to enhance hand-eye coordination and concentration.

Self-Care Skills:

- Encourage independence in self-care tasks such as dressing and undressing, and grooming routines.
- Provide opportunities for the child to practice toileting routines independently.

Language Skills

- Engage in a variety of preferred play activities, both independent and shared with peers/adults
- Engage in shared reading opportunities with familiar adults
- Participate in motivating social experiences with peers (ex: play dates, parks, swim class, soccer)

The B.well tots collective is available to support all aspects of your child's development!

Please reach out to us at info@bwelltots.com to schedule a free 15-minute consult or fill out an intake form on our website.